2026 EMS Training Schedule

We Still Make House Calls!

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Introduction

The purpose of this formalized training plan is to ensure a professional and competent body of EMS providers resulting in excellent patient care. Training will be evidence-based, rigorous, and informative. It will prioritize knowledge and psychomotor skills applicable to daily patient care. While training will be formalized, it will also be flexible to accommodate needed instruction and unique opportunities. Monthly training will incorporate case studies, scenarios/simulations, lectures, discussions, and outside presenters. Furthermore, resources for independent learning will be provided if desired. Providers should not only leave each training with national/state continuing education credits, but also with a more informed view on the specific topic. Continuing education exists to prevent skill and knowledge atrophy, but also to update old practice with new evidence, protocols, and the nuances inherent in the practice of prehospital medicine. The East Montpelier EMS training plan does not attempt to regurgitate information covered in a certification course. Rather, it is designed to expand on the foundation built in those courses. The end result is proficient providers in knowledge and practice.

State and National Objectives

1. Training will follow the National Continued Competency Program (NCCP) established by National Registry of Emergency Medical Technicians and the Local Continued Competency Program (LCCP) established by the Vermont Department of Health. Required categories include airway management, anaphylaxis, behavioral emergencies, systems of care, documentation, and HpCPR as well as others.[1]
2. Following the guidelines set by these programs will allow for a smoother recertification process for East Montpelier providers.
3. In addition to local in-person training, e-learning opportunities, standardized courses, and free-open access medical education (FOAM) will be shared periodically with providers.

Agency Objectives

1. Ability of basic and intermediate providers to triage cases into urgent, emergent, and non-urgent patient presentations[2]
    a. Providers should be confident managing patients within their scope for the *duration* of patient care when advanced intercept is unavailable or not indicated.

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[1] https://www.healthvermont.gov/sites/default/files/document/eprip-2025-continued-competency-requirements-chart.pdf,. https://www.nremt.org/document/nccp.

[2] For the purposes of this document, basic refers to providers licensed at the EMT level, intermediate refers to providers licensed at the AEMT level, and advanced refers to providers licensed at the Paramedic level. Unlicensed personnel and VEFRs do not fall under the term provider and will not be specifically targeted for EMS focused training.

   b. Providers should recognize when certain urgent and emergent presentations would benefit from an advanced level of care and coordinate an intercept if feasible.
   c. In particular, the subtle differences between non-urgent and potentially urgent presentations will be emphasized in training.
2. Ability of basic and intermediate providers to treat emergent cases until handover of care to an advanced prehospital provider or to the emergency department.
   a. Providers should be comfortable with airway management, hemorrhage control, intravenous therapy, mediation administration, and other methods of life-saving care until patient care can be elevated to the advanced level.
   b. Providers should also be confident in information gathering through a proper history taking, physical exam, and diagnostic tools to better inform intercepting advanced providers as well as emergency department staff.
   c. Furthermore, a brief but thorough verbal handover of care is a requirement for the standard of care and is a goal of this training program.
3. Ability of basic and intermediate providers to assist advanced providers in procedures, assessments, and overall patient care.
   a. Following handover of care East Montpelier providers should be knowledgeable about advanced procedures and able to assist the intercepting providers when required.
   b. Providers should be capable of providing team-based care when in the presence of an advanced provider, particularly when multiple agencies are involved.
   c. East Montpelier providers should be confident in their assessments, knowledge, and interventions when intercepting with another agency; they should be patient advocates.

Schedule

Training #	Date	Topic	Instructor	Remarks
1	03/17/2026	Introduction to Triage/Airway Management	AEMT Conlon	Long-term training goals, brief lecture, followed by airway skills
2	04/21/2026	Medical Emergencies and Case Review	AEMT Conlon	Subject to change based on needs of department
3	05/19/2026	Cardiac Emergencies and Case Review	AEMT Conlon	Case Review with skills/scenario

4	06/16/2026	Resuscitation Cases and Simulation	AEMT Conlon	Review of types of resuscitation with a simulation
5	07/21/2026	TBD	Guest Lecturer	Guest lecture/training from a LifeNet flight paramedic/RN
6	08/18/2026	EMS at the Crime Scene	Guest Lecturer	Guest lecture on crime scene preservation principles
7	09/15/2026	Altered Mental Status: Differential Diagnosis	AEMT Conlon	Subject to change
8	10/20/2026	Stroke Care and Recognition	Guest Lecturer	Subject to change
9	11/17/2026	Trauma Simulations	AEMT Conlon	Multiple Simulations on complex patient presentations
10	12/15/2026	Cold-Weather Emergencies	AEMT Conlon	Focus on winter conditions

Training Resources (For CE Credit)

Vector Solutions:

- https://app.targetsolutions.com/auth/index.cfm?action=login.showlogin&customerid=34565&customerpath=vdoh&msg=

National Association of EMTs:

- https://www.naemt.org/education/CourseDirectory

National Registry of EMTs:

- Recertification Guide: https://www.nremt.org/Handbooks/Recertification

Foamfrat

- https://www.foamfrat.com
- Free content, the EMT Pharmacology book is particularly good
- Paid, accredited online CE courses

Education Resources (For Knowledge and Reference)

EMS1
- https://www.ems1.com
- EMS focused news including clinical discussions and operational topics
- Free

Journal of Emergency Medical Services
- https://www.jems.com
- New research and articles, includes a podcast for literature reviews and discussions
- Free

World's Okayest Medic Podcast
- Wide range of subjects covering all levels of care
- Literature reviews, weekly updates, and deep dives
- Free, available on YouTube

EMS 20/20 Podcast
- https://ems2020.com
- Call reviews, run by two urban 911 paramedics
- Free

The Resus Room
- https://www.theresusroom.co.uk
- UK emergency medicine podcast
- Run by an EM physician, nurse, and critical care paramedic all with experience in prehospital care
- Literature reviews, subject deep dives, mostly focused on prehospital care
- Free

EMCrit Podcast
- Emergency medicine and critical care
- Run by a EM-intensivist and leading expert in airway management
- Advanced topics with some utility in prehospital medicine
- Some episodes free, some paid

Internet Book of Critical Care

- https://emcrit.org/ibcc/toc/
- Reference page on critical care through EMCrit
- Fantastic review of pathophysiology and treatments
- Written by Josh Farkas, a UVM pulmonary and critical care physician
- Free

Life in the Fast Lane (LITFL)

- https://litfl.com
- Resource for ECGs, as well as other EM and CC topics
- Free

Deranged Physiology

- https://derangedphysiology.com/main/home
- Advanced website for pathophysiology, pharmacology, and critical care
- Very advanced, but nevertheless an excellent resource for EMS professionals
- Written by an Australian intensive care physician
- Free

Ninja Nerd

- https://www.ninjanerd.org
- Long-form lecture content on basic sciences and clinical medicine
- Particularly good for anatomy and physiology, as well as pharmacology
- Free

WikiEM

- https://wikem.org/wiki/Main_Page
- Emergency medicine reference page, primarily focused on EM physicians
- Free

EMS 12-Lead

- https://www.ems12lead.com
- EMS 12-Lead ECG case reviews
- Free

Emergency Medical Minute

- Podcast, 5-10 minute long episodes
- Covering different pathologies in a short time frame
- Free

Pre-Hospital Care Podcast

- UK podcast run by a former London Air Ambulance CCP
- Variety of topics from clinical, operational, and responder wellness discussions
- Free

Rosen's Emergency Medicine: Concepts and Clinical Practice

- Definitive reference textbook for EM physicians
- Advanced reading for refining clinical care and differential diagnosis

The Walls Manual of Emergency Airway Management

- Excellent textbook for airway management
- Resource for advanced and basic airway management, with a section devoted to EMS